

Martha Carmody

Martha Carmody, Ph.D is a licensed clinical psychologist and has worked in numerous settings across her 25+ year career in the Albuquerque community, including private practice, public and independent schools, family practice, pediatric medical groups, and military. She utilizes insight-oriented modalities grounded in current research to help clients realize desired life change. Dr. Carmody developed Happiness Custom Made workshops as a new format to share her professional experience to a wider audience. She is very pleased to be a repeat presenter for Sundance.