

# LOOK ACROSS THE MOUNTAIN VIII: *Moving Forward Into the Future!*

## THURSDAY, February 22, 2024

7:30 - 8:30	<b>REGISTRATION</b> • <i>Coffee, Juice and Breakfast Bar Provided</i> • <i>Music by Grace and Paul Jones</i>				
8:30 - 9:30 Ballroom B	<b>OPENING BLESSING:</b> Chief John Spotted Tail • <b>INTRODUCTIONS:</b> Christine Becker, <i>President, Sundance</i> • <b>KEYNOTE:</b> Tori McConnell, <i>Miss Indian World</i> Presentations: Miss Cottonwood Day School (Mia Begay)-- Miss Nazlini School (Tehya Begay)-- Miss Rough Rock (Haiden Begay) and Miss Little Rough Rock (Koda Thomas)				
<b>SESSION I</b> 9:45 - 10:45	<b>IMPROVING YOUR BRAIN POWER</b>  A Fun Approach to Cognitive Abilities  Jan LaPrelle, Manzano Room (A/Y)	<b>HEALTH AND WELLNESS</b> THE ENERGY THAT IS "YOU"  Understanding What is Beneath Your Physical Self and How to Work With Your Own Energy  Kelly Noble Bosque Room (A/Y)	<b>CREATING MUSIC FOR FILM AND TV</b>  Sharing a Navajo Artist's Journey Of Self Discovery  Ehren Kee Natay Sunrise Room (A/Y)	<b>HISTORY AND PRACTICE OF TRADITIONAL BASKETRY IN NORTHERN CALIFORNIA</b>  Importance and Preservation of Ancestral Arts  Tori McConnell, Miss Indian World Seminar Room (A/Y)	<b>INDIGENOUS CULTURES</b> - READING ELA ACTIVITIES -  Using a Reading Kit to Improve Student Skills at Home and In the Classroom  Dr. Amy Atkins & Mae Araujo Rio Grande Room (A/Y)
<b>SESSION II</b> 11:00 - 12:00	<b>IMPROVING YOUR BRAIN POWER</b>  A Fun Approach to Cognitive Abilities  Jan LaPrelle, Manzano Room (A/Y)	<b>FIVE LOVE LANGUAGES OF CHILDREN</b>  Understanding How Your Child or Student is Trying to Communicate with You.  Kelly Noble Bosque Room (A/Y)	<b>CREATING MUSIC FOR FILM AND TV</b>  Sharing a Navajo Artist's Journey Of Self Discovery  Ehren Kee Natay Sunrise Room (A/Y)	<b>SHARING CREATION STORIES AND SONGS IN ENGLISH AND KARUK LANGUAGE</b>  Indigenous Stories and Language Preservation  Tori McConnell, Miss Indian World Seminar Room (A/Y)	<b>LEGO MATH</b> - HANDS ON MATH ACTIVITIES -  Using a Math Kit to Improve Student Skills at Home and In the Classroom  Dr. Amy Atkins & Mae Araujo Rio Grande Room (A/Y)
12:15 - 1:15	<b>LUNCHEON PROVIDED</b> • <b>Native American Dance Performances: Jemez Pilot Group &amp; Rough Rock School Indian Club</b>				
<b>SESSION III</b> 1:30 - 2:30	<b>STEAM LEARNING</b> SIMPLE EXPERIMENT KITS  Demonstrating Hands-On Activities in STEM  Jan LaPrelle, Manzano Room (A/Y)	<b>HEALTH AND WELLNESS</b>  Healthy Relationships for Native Youth  Nicole Begay / Jordan Patricio CSVANW Bosque Room (A/Y)	<b>ACTIVE LISTENING</b>  Learn and Practice Skills for Better Communication  Molly Brack Sunrise Room (A)	<b>NATURAL HERD DYNAMICS &amp; LANGUAGE OF THE HORSE</b>  Experience the Cultural Connection with Horses  Clea Hall/Laura Buell Seminar Room/Outdoor Area (A/Y)	<b>NAVAJO CODETALKERS</b>  Exploring Native American History and Heroes  Dr. Amy Atkins & Mae Araujo Rio Grande Room (A/Y)
<b>SESSION IV</b> 2:45 - 3:45	<b>LIFE SKILLS FOR K-5 LEVEL STUDENTS</b>  A Program to Help Prepare Students for Life Outside the Classroom  Jan LaPrelle Manzano Room(A/Y)	<b>HEALTH AND WELLNESS</b>  Healthy Relationships for Native Youth  Nicole Begay / Jordan Patricio CSVANW Bosque Room (A/Y)	<b>SUICIDE PREVENTION</b>  Strategies for Helping Students in Need  Molly Brack Sunrise Room (A)	<b>NATURAL HERD DYNAMICS &amp; LANGUAGE OF THE HORSE</b>  Experience the Cultural Connection With Horses  Clea Hall/Laura Buell Seminar Room/Outdoor Area (A/Y)	<b>UNDERSTANDING ADD-ADHD and AUTISM</b>  Service Delivery to Native American Children with ADD-ADHD and AUTISM Exceptionalities  Dr. Amy Atkins & Mae Araujo Rio Grande Room (A)

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“BALLROOM SESSIONS”

<b>SESSION I</b> 9:45 - 10:45	<b>Albuquerque Bio Park/Zoo</b> <i>Activity with Animals (M)</i> Charles Peterson  <b>Explora Museum</b> <i>Science Experiments</i> Lauren Butcher	<b>Traditional Jewelry</b> Carmela Tenorio & Clifford Aguilar  <b>Traditional Bow Guards</b> John Herrera	<b>LOOSE DOG AND BITE SAFETY</b>  <i>Meet the Therapy Dogs and Learn Their Language</i>  <b>Sherry Mangold/APNM</b> Ballroom B (A/Y)	<b>NATIVE LANGUAGE PRESERVATION and CULTURAL COMPETENCE</b>  Incorporating Cultural Activities into the Classroom and Home  <b>Sandra Freeland</b> Ballroom C (A/Y)	<b>ARICA P'CAL</b>  Integrating Mind and Body A Fitness Routine Using Breath and Movement  <b>Roger Bason</b> Mesa Room (A/Y)
	<b>Ballroom A: For KIDS of All Ages!</b>				
<b>SESSION II</b> 11:00 - 12:00	<b>Albuquerque Bio Park/Zoo</b> <i>Activity with Animals</i> Charles Peterson  <b>Explora Museum</b> <i>Science Experiments</i> Lauren Butcher	<b>Traditional Jewelry</b> Carmela Tenorio & Clifford Aguilar  <b>Traditional Bow Guards</b> John Herrera	<b>LOOSE DOG AND BITE SAFETY</b>  <i>Meet the Therapy Dogs and Learn Their Language</i>  <b>Sherry Mangold/APNM</b> Ballroom B (A/Y)	<b>THE LONG WALK</b>  Exploring Native American History  <b>Sandra Freeland</b> Ballroom C (A/Y)	<b>MEDITATION</b>  Discovering How Meditation Can Keep You Healthy and Focused  <b>Roger Bason</b> Mesa Room (A/Y)
	<b>Ballroom A: For KIDS of All Ages!</b>				
12:15 - 1:15	<b>LUNCHEON PROVIDED • Native American Dance Performances: Jemez Pilot Group &amp; Rough Rock School Indian Club</b>				
<b>SESSION III</b> 1:30 - 2:30	<b>Albuquerque Bio Park/Zoo</b> <i>Activity with Animals</i> Charles Peterson  <b>Explora Museum</b> <i>Science Experiments</i> Lauren Butcher	<b>Traditional Jewelry</b> Carmela Tenorio & Clifford Aguilar  <b>Traditional Buckskin Art</b> John Herrera	<b>INTEGRATING MUSIC and WRITING SKILLS</b>  <b>Native American Hip Hop and Building Creative Writing Skills</b>  <b>Christopher Mike-Bidtah</b> Ballroom B (A/Y)	<b>SOCIO-EMOTIONAL LEARNING and STUDENT BEHAVIOR</b>  <b>Important Skills for Your Student's Success</b>  <b>Malcolm Bowekaty</b> Ballroom C (A)	<b>FATHERHOOD: A SACRED CONCEPT</b>  <b>Leadership Through Navajo Traditional Teachings</b>  <b>Perry Begay, Rough Rock School Board</b> Mesa Room (A/Y)
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	<b>Ballroom A: For KIDS of All Ages!</b>				
3:45-4:00	<b>WRAP UP • RAFFLES • EVALUATION • CLOSING BLESSING</b>				

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8:30 - 9:30 Ballroom B	<b>OPENING BLESSING</b> • <i>Coffee, Juice and Breakfast Bar Provided</i> • <b>PRESENTATION/PERFORMANCE: Renata Yazzie, Pianist</b>				
<b>SESSION I</b>  9:45 - 10:45	<b>NATIVE AMERICAN FILM And PERFORMANCE</b>  Opportunities for Youth to Engage in the Film Industry  James LaPrelle Manzano Room (A/Y)	<b>KERES LANGUAGE PRESERVATION</b>  Helping Youth to be Proficient in Their Native Language  Kewa Keres Language Program Staff Bosque Room (A/Y)	<b>OH MY HEAVENS!</b>  A Cultural Perspective of The Moon and Stafs  Daryl Summers Sunrise Room (A/Y)	<b>CULTURAL STORYTELLING AND ART</b>  Record Your Own Family Story To Share  Sandra Freeland Seminar Room (A/Y)	<b>ENTREPRENEURSHIP</b>  How to Start and Develop Your Own Native Business  Marvis Aragon, AICC Rio Grande Room (A)
<b>SESSION II</b>  11:00 - 12:00	<b>STEAM: AERONAUTICS</b>  Learn the Principles of Flight; Make & Fly Your Own Model Plane & Discover Careers in Aeronautics  James LaPrelle Manzano Room (A/Y)	<b>HYDROPONICS PROGRAMS FOR SCHOOLS</b>  Water is Life: Growing Plants in Water A Project For Your School  Charlie Shultz/Gabe Smith College of Santa Fe Bosque Room (A/Y)	<b>MOVEMENT and MUSIC</b>  Tying Together tTo Important Skills in Early Childhood  Daryl Summers Sunrise Room (A/Y)	<b>CULTURAL STORYTELLING AND ART</b>  Record Your Own Family Story To Share  Sandra Freeland Seminar Room (A/Y)	<b>ENTREPRENEURSHIP</b>  How to Start and Develop Your Own Native Business  Marvis Aragon, AICC Rio Grande Room (A)
12:15 - 1:15	<b>LUNCHEON PROVIDED</b> • <b>LUNCH PERFORMANCE: Rock Point Community School Indian Club</b> <b>Piano Group Performance: Kate , Tentive</b> <b>Hydroponics Presentation: Charlie Shultz</b>				
<b>SESSION III</b>  1:30 - 2:30	<b>BASIC GUITAR FUNDAMENTALS (Max 20 students)</b>  Hands-On Basic Guitar Lesson: Learn Guitar Anatomy and Simple Chords  James LaPrelle Manzano Room (A/Y)	<b>HYDROPONICS PROGRAMS FOR SCHOOLS</b>  Water is Life: Growing Plants in Water A Project For Your School  Charlie Shultz/Gabe Smith College of Santa Fe Bosque Room (A/Y)	<b>GRANT WRITING STRATEGIES And RESOURCES</b>  What's Available for Schools and Tribes for Language Preservation and Community Development  Roger Bason Sunrise Room (A)	<b>BASIC ACUPUNCTURE AND ACUPRESSURE FOR HEALTH and WELLNESS</b>  How to Manage Pain and Live a Healthier Life  Dr. Li Xu Seminar Room (A/Y)	<b>LIFE SKILLS FOR 6-12<sup>th</sup> LEVEL STUDENTS &amp; ADULTS</b>  A Program to Help Prepare Students for Life Outside the Classroom  Dr. Amy Atkins & Mae Araujo Rio Grande Room (A/Y)
<b>SESSION IV</b>  2:45-4:00	<b>BASIC GUITAR FUNDAMENTALS (Max 20 students)</b>  Hands-On Basic Guitar Lesson: Learn Guitar Anatomy and Simple Chords  James LaPrelle Manzano Room (A/Y)	<b>LAKOTA TEACHINGS &amp; HEALTH</b>  Storytelling and Learning About Lakota Culture  Tamara Stands and Looks Back and Chief JohnSpotted Tail Bosque Room (A/Y)	<b>GRANT WRITING STRATEGIES And RESOURCES</b>  What's Available for Schools and Tribes for Language Preservation and Community Development  Roger Bason Sunrise Room (A)	<b>BASIC ACUPUNCTURE AND ACUPRESSURE FOR HEALTH and WELLNESS</b>  How to Manage Pain and Live a Healthier Life  Dr. Li Xu Seminar Room (A/Y)	<b>LIFE SKILLS FOR 6-12<sup>th</sup> LEVEL STUDENTS &amp; ADULTS</b>  A Program to Help Prepare Students for Life Outside the Classroom  Dr. Amy Atkins & Mae Araujo Rio Grande Room (A/Y)
4:00-4:30	<b>WRAP UP</b> • <b>RAFFLES</b> • <b>EVALUATION</b> • <b>CLOSING BLESSING</b>				

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<b>SESSION I</b>  9:45 - 10:45	<b>Planetary Science</b> Tom Prettyman: <b>Solar System</b>  <b>Taos Flute Making</b> <i>Paul and Grace Jones</i>	<b>Maxwell Museum of Anthropology</b> <i>Weaving in the Southwest</i>  <b>NM Museum of Natural History &amp; Science</b> <i>The Eclipse!</i>	<b>MUSICAL EXPLORATIONS</b>  <b>Instruments Around the World</b>  <b>Frank Leto</b> Ballroom B (A/Y)	<b>BASIC PIANO</b>  <b>Hands-on Piano Demonstrations for Beginners</b>  <b>Kate Shao, Student</b>  Ballroom C (A/Y)	<b>BASIC YOGA</b>  <b>Relieve Stress and Increase Energy</b>  <b>Maria Cordova</b> Mesa Room (A/Y)
	<b>Ballroom A: For KIDS of All Ages!</b>				
<b>SESSION II</b>  11:00 - 12:00	<b>Planetary Science</b> Tom Prettyman: <b>Solar System</b>  <b>Taos Flute Making</b> <i>Paul and Grace Jones</i>	<b>Maxwell Museum of Anthropology</b> <i>Weaving in the Southwest</i>  <b>NM Museum of Natural History &amp; Science</b> <b>The Eclipse!</b>	<b>CAREERS IN MUSIC</b>  <b>What it Takes to Fulfill Your Dreams</b>  <b>Renata Yazzie</b> Ballroom B (A/Y)	<b>BASIC PIANO</b>  <b>Hands-on Piano Demonstrations for Beginners</b>  <b>Kate Shao, Student</b>  Ballroom C (A/Y)	<b>BASIC YOGA</b>  <b>Relieve Stress and Increase Energy</b>  <b>Maria Cordova</b> Mesa Room (A/Y)
	<b>Ballroom A: For KIDS of All Ages!</b>				
12:15 - 1:15	<b>LUNCHEON PROVIDED</b> • <b>LUNCH PERFORMANCE: Rock Point Community School Indian Club Dancers</b> <b>Piano Performance by Kate Shao, Student:: “Show City, Show Girl” by Hiromi Uehara</b>				
<b>SESSION III</b>  1:30 - 2:30	<b>Planetary Science</b> Tom Prettyman: <b>Solar System</b>  <b>Taos Flute Making</b> <i>Paul and Grace Jones</i>	<b>Basic Sewing Skills</b> Christina Candelaria  <b>NM Museum of Natural History &amp; Science</b> <b>The Eclipse!</b>	<b>MUSICAL EXPLORATIONS</b>  <b>Instruments Around the World</b>  <b>Frank Leto</b> Ballroom B (A/Y)	<b>CULTURAL AWARENESS</b>  <b>An Interactive Experience in Respecting Culture</b>  <b>Joseph Ansera Jr.</b> Ballroom C (A/Y)	<b>THE ANATOMY OF THE HORSE &amp; BASIC MOVEMENT WITH HORSES</b>  <i>Learn about Anatomy of the Horse and How it Compares to Human Anatomy</i>  <b>Michelle DeCanditis</b> Mesa Room /Outdoor Area (A/Y)
	<b>SESSION IV</b>  2:45-3:45	<b>Planetary Science</b> Tom Prettyman: <b>Solar System</b>  <b>Taos Flute Making</b> <i>Paul and Grace Jones</i>	<b>Basic Sewing Skills</b> Christina Candelaria  <b>NM Museum of Natural History &amp; Science</b> <b>The Eclipse!</b>	<b>MUSICAL EXPLORATIONS</b>  <b>Instruments Around the World</b>  <b>Frank Leto</b> Ballroom B (A/Y)	<b>CULTURAL AWARENESS</b>  <b>An Interactive Experience in Respecting Culture</b>  <b>Joseph Ansera Jr.</b> Ballroom C (A/Y)
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