

# EXPANDING RESOURCES III

## STRATEGIES TO STRENGTHEN NATIVE AMERICAN FAMILIES

*An Extension of the Community Builders Youth Conference*

at **Isleta Resort & Casino** 11000 Broadway Blvd., SE • Albuquerque, NM • (505) 724-3800

**October 22, 2018** 7:45 – 4:30

**October 23, 2018** 8:30 a.m. – 3:30 p.m.

*Breakfasts and Lunches Provided, Dinner on Your Own*

*Adult and Youth Tracks Include the Following Sessions:*

- Math and Reading Strategies for Special Needs Students
- Creating a Happier Workplace and Home
- Building Vocabulary in the Classroom and the Home for All Students
- Using STEAM (Aeronautics/Architecture) in Project Based Learning and IEPs
- Restorative Justice and Behavior Plan Programs for All Students
- Is there a Place for Compassion and Kindness in Education?
- Early Childhood Strategies for Learning the Common Core
- Early Identification of Special Needs Students
- Building Family Literacy Grades K-8
- Controlling Behavior and Emotions in Special Needs Students
- **AND MORE . . .**
- Understanding Bullying and How to Gain Respect from Your Peers
- Working with Horses and Dogs to Improve Your Mood and Self Concept
- What It's Like to be in the Movies? Opportunities in the Native American Film Industry and Oral Language Development
- Understanding ADD-ADHD from a Youth Perspective: A Student Shares His Story
- SMARTS: Performing Arts as a Vehicle for Learning Math and Reading
- Music and Dance to Enhance Student Learning in School
- Science Experiments for the Home
- Sex Ed for Parents and Teachers
- Using Phone Technology for Everyday Research and Learning
- **AND MORE . . .**



**- SPONSORED BY -**



*For more information contact:*

**Christine Becker at (505) 967-5086 • [sundance@spinn.net](mailto:sundance@spinn.net) • [www.sec-inc.org](http://www.sec-inc.org)**



# EXPANDING RESOURCES III

## STRATEGIES TO STRENGTHEN NATIVE AMERICAN FAMILIES

*An Integration of Special Education, Gifted Education and Youth Oriented Resources for Schools*

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*at the*

# Isleta Resort & Casino

11000 Broadway Blvd., SE  
Albuquerque, NM

(505) 724-3800

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**October 22, 2018** 7:30 – 3:30

Keynote Speaker: Bonner Paddock Rinn, author of *"The Power of One"*

**October 23, 2018** 8:30 a.m. – 3:30 p.m.



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*Breakfasts and Lunches Provided, Dinner on Your Own*

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**\*Monday, October 22, 2018 EXPANDING RESOURCES III: STRATEGIES TO STRENGTHEN NATIVE AMERICAN FAMILIES**

(Sunday) OCTOBER 21 EARLY REGISTRATION in CONFERENCE CENTER 5:00 - 7:00 PM

7:30 - 8:15	<b>REGISTRATION</b> <i>- Coffee, Juice and Breakfast Bar Provided -</i>				
8:15 - 9:30 Ballroom C	- OPENING BLESSING - <b>INTRODUCTIONS</b> - Christine Becker, President Sundance Educational Consulting "National Anthem", Sung in Navajo by Shenikwa Wilson, "Miss Nazlini", Nazlini Community School <b>KEYNOTE: "The Power of One" - Bonner Paddock Rinn</b>				
<b>SESSION I</b> 9:45 - 11:00	<b>Restorative Justice Programs for Students in Schools</b> <i>Repairing Harm and Moving Forward With Positive Energy</i>  <b>Kelly Zunie,</b> <i>- Rio Grande Room -</i>	<b>Using STEAM Projects to Build Skills in Reading, Math and Science</b> Conservation, Science and Biology <i>Interactive Architectural Projects to Stimulate Interest in Learning Early Childhood – 6<sup>th</sup> Grade</i>  <b>Rupal Engineer, Architect</b> <i>- Seminar Room -</i>	<b>Sex Ed for Parents and Teachers:</b> <i>A Primer for Adults - How to Talk with Kids About Sex. Teaching Respect for the Bodies and Hearts of Kids for Themselves and Others.</i>  <b>Alyssa Siegel</b> <i>- Bosque Room -</i>	<b>Cultural Awareness</b> <i>Native Experiential Education - Using Hands-on Methods to Teach Cultural Awareness to All Ages</i>  <b>Joe Ansera</b> <i>- Manzano Room -</i>	<b>What's It Like to Be in the Movies? Native American Film Opportunities and Oral Language Development</b>  Learn about Making Movies! Acting, Directing and Set Design  <b>James LaPrelle</b> <i>- Sunrise Room -</i>
<b>SESSION II</b> 11:15 - 12:30	<b>Understanding Your Brain Power and Feeding the Brain!</b> <i>Learn How the Brain Works and How You Can Train Your Brain for Positive Results and Healing</i>  <b>Kelly Zunie,</b> <i>- Rio Grande Room -</i>	<b>Using STEAM Projects to Build Skills in Reading, Math and Science</b> Conservation, Science and Biology <i>Interactive Architectural Projects to Stimulate Interest in Learning Early Childhood – 6<sup>th</sup> Grade</i>  <b>Rupal Engineer, Architect</b> <i>- Seminar Room -</i>	<b>Understanding ADD-ADHD from a Student's Perspective</b> <i>Jayden Shares his Own Experience in School and at Home as a Student with ADD/ADHD.</i>  <b>Jayden Sweazey &amp; Alyssa Siegel</b> <i>- Bosque Room -</i>	<b>Cultural Awareness</b> <i>Native Experiential Education - Using Hands-on Methods to Teach Cultural Awareness to All Ages</i>  <b>Joe Ansera</b> <i>- Manzano Room -</i>	<b>What's It Like to Be in the Movies? Native American Film Opportunities and Oral Language Development</b>  Learn about Making Movies! Acting, Directing and Set Design  <b>James LaPrelle</b> <i>- Sunrise Room -</i>
12:30 - 1:30	<b>LUNCHEON PROVIDED: Walatowa Head Start Dancers</b> <b>Special Guest Speaker: Loretta Draper: "Who Moved My Cheese"</b>				
<b>SESSION III</b> 1:45 - 3:00	<b>Understanding the True Meaning of the School Improvement Process</b> <i>The Importance of Parental Involvement in Improving Your School</i>  <b>Loretta Draper</b> <i>- Rio Grande Room -</i>	<b>Improving Positive Behaviors in Ourselves by Working with Horses</b> <i>Working with Horses Can Minimize Destructive Behaviors. Includes Time with a Horse, in the Parking Lot!</i>  <b>Heather Dirickson</b> <i>- Seminar Room -</i>	<b>Understanding ADD-ADHD from a Student's Perspective</b> <i>Jayden Shares his Own Experience in School and at Home as a Student with ADD/ADHD.</i>  <b>Jayden Sweazey &amp; Alyssa Siegel</b> <i>- Bosque Room -</i>	<b>Overview of All Categories of Exceptional Education</b> <i>An Overview with an Emphasis on ADD-ADHD and Autism</i>  <b>Dr. Amy Atkins and Mae Araujo</b> <i>- Manzano Room -</i>	<b>Using Technology for Everyday Research</b> <i>Using Your Phone and APPS at Home &amp; School to Increase Knowledge and Skills</i>  <b>Jan LaPrelle</b> <i>- Sunrise Room -</i>
<b>SESSION IV</b> 3:15 - 4:30	<b>Understanding Bullying and Gain Respect from Your Peers</b> <i>How Young People Can Empower Themselves to Gain and Give Respect</i>  <b>Kelly Zunie</b> <i>- Rio Grande Room -</i>	<b>Improving Positive Behaviors in Ourselves by Working with Horses</b> <i>Working with Horses Can Minimize Destructive Behaviors. Includes Time with a Horse, in the Parking Lot!</i>  <b>Heather Dirickson</b> <i>- Seminar Room -</i>	<b>Sex Ed for Parents and Teachers:</b> <i>A Primer for Adults - How to Talk with Kids About Sex. Teaching Respect for the Bodies and Hearts of Kids for Themselves and Others.</i>  <b>Alyssa Siegel</b> <i>- Bosque Room -</i>	<b>Math and Reading Strategies for Special Education/All Students at Home and in School</b> <i>Hands-On Strategies to Help Build Common Core Skills</i>  <b>Dr. Amy Atkins and Mae Araujo</b> <i>- Manzano Room -</i>	<b>Using Technology for Everyday Research</b> <i>Using Your Phone and APPS at Home &amp; School to Increase Knowledge and Skills</i>  <b>Jan LaPrelle</b> <i>- Sunrise Room -</i>

**\*\* All Sessions Highlighted in Yellow are Appropriate for Youth and Adults; Sessions in White are Primarily Adult-Oriented**

**Tuesday, October 23, 2018 EXPANDING RESOURCES III: STRATEGIES TO STRENGTHEN NATIVE AMERICAN FAMILIES**

7:30	<b>Breakfast</b>				
8:30 - 9:30 Ballroom C	<b>PANEL DISCUSSION, Kelly Zunie Moderator</b> <b>“Strategies for Creating Compassionate Communities”</b> <i>- Coffee, Juice and Breakfast Bar Provided -</i>				
<b>SESSION I</b> 9:45 - 11:00	<b>STEAM and Aeronautics for Kids of All Ages</b>  <i>Hands-on Explorations of the Principles of Flight and the Construction of Your Own Airplane</i>  <b>James LaPrelle</b> - Rio Grande Room -	<b>Vocabulary Skill Building for Special Education/ All Students: Home and School</b>  <i>How Parents and Teachers Can Partner to Build Vocabulary</i>  <b>Dr. Amy Atkins and Mae Araujo</b> - Seminar Room -	<b>Thinking Big: Engaging Students In a Year Long Project</b>  <i>Strategies for Designing Energizing Projects for Students at Home and in School</i>  <b>Dr. Heather O’Shea</b> - Bosque Room -	<b>Music and Dance as Tools for Literacy and Learning</b>  <i>Using Music and Dance in Everyday Life and in the Classroom to Help Children Learn</i>  <b>Cathy McGill</b> - Manzano Room -	<b>Building Compassion Skills in our Students and Yourself</b>  <i>Learning How to Strengthen Our Collaborative Skills, to Work Together with Sensitivity and Awareness, for Each Other’s Needs.</i>  <b>Dr. Patrick Pietroni</b> - Sunrise Room -
	<b>SESSION II</b> 11:15 - 12:30	<b>STEAM and Aeronautics for Kids of All Ages</b>  <i>Hands-on Explorations of the Principles of Flight and the Construction of Your Own Airplane</i>  <b>James LaPrelle</b> - Rio Grande Room -	<b>Creating Thematic Educational “Kits” for K-3 Math, Reading &amp; Science</b>  <i>Strengthen Skills in the Classroom and the Home</i>  <b>Dr. Amy Atkins &amp; Mae Araujo</b> - Seminar Room -	<b>Native American Hip Hop and Building Creative Writing Skills</b>  <i>Create Your Own Poems and Stories Set to Music!</i>  <b>Christopher Mike – Bidtah</b> - Bosque Room -	<b>Claim Your Best Self</b>  <i>Helping Participants Identify Themselves as Individuals Living with Optimism</i>  <b>Dr. Martha Carmody</b> - Manzano Room -
12:30 - 1:30 Lunch Provided	<b>Speaker: Alvino Sandoval, “Finding the Warrior Within” Cultivating and Expanding Opportunities for Family Leadership</b> <b>Hip Hop and Poetry Demonstrations - Christopher Mike-Bidtah &amp; Music/Dance Performance - Cathy McGill</b>				
<b>SESSION III</b> 1:45 - 3:00	<b>Expanding Common Core Knowledge Through Hands-On SCIENCE Activities for Special Needs and Gifted Students</b>  <i>Activities for the Classroom and the Home that Strengthen Common Core Skills</i>  <b>Jan LaPrelle</b> - Rio Grande Room -	<b>SMarts</b>  <i>Building Skills in Oral Language Through Performing Arts Activities</i>  <b>Cathy McGill</b> - Seminar Room -	<b>Native American Hip Hop and Building Creative Writing Skills</b>  <i>Create Your Own Poems and Stories Set to Music!</i>  <b>Christopher Mike – Bidtah</b> - Bosque Room -	<b>Encouraging Happy Workplaces: Happiness Custom Made</b>  <i>Learn About Managing Stress and How to Appreciate Each Other’s Strengths in the Work Environment</i>  <b>Dr. Martha Carmody</b> - Manzano Room -	<b>Exploring Meaningful Activity Through Horses</b>  <i>How Activities and Responsibilities Related to Horses and Other Animals, Can Foster a Sense of Purpose and Self Worth.</i>  <b>Michelle DeCanditis</b> - Sunrise Room -
	3:00 - 3:30	<b>WRAP UP • RAFFLES • EVALUATION • CLOSING BLESSING</b>			

**INFORMATIONAL BOOTHS**

<b>TURQUOISE JEWELRY</b> Judy Schaeffer	<b>EXPLORA MUSEUM</b> Trisha Pillars: 505-224-8363 tpillars@explora.us	<b>PARENTS REACHING OUT –</b> Naomi Sandweiss 505-247-0192 nsandweiss@parentsreachingout.org
<b>COALITION TO STOP VIOLENCE AGAINST NATIVE WOMEN</b> Angel Charley	<b>NATIVE AMERICAN TRAINING INSTITUTE</b> Ramus Suina	<b>NEW MEXICO MUSEUM OF NATURAL HISTORY</b> Kelly White KellyJ.white@state.nm.us
<b>YVONNE SHIJE</b> 505-382-6541 Yvonne.shije@gmail.com	<b>NATIONAL INDIAN YOUTH COUNCIL</b> Tera Frank (2) tfrank@niyc-alb.org	<b>JEWELRY, CARMELLA TENORIO</b> Santo Domingo Artist Carmella.sdp@gmail.com
<b>DALE VICENTI</b> Acoma Pottery	<b>ARC NEW MEXICO</b> vcneuman@arcnm.org cgarcia@arcnm.org 505-883-4630	<b>BERNALILLO ACADEMY</b> Yvonne Guru Yvonne.gurule@sequelyouthservices.com



# EXPANDING RESOURCES III STRATEGIES TO STRENGTHEN NATIVE AMERICAN FAMILIES PRESENTERS AND SPEAKERS

<p><b>Joseph G. Ansera Jr.</b> - San Felipe Pueblo. A Pueblo Experiential Educator and Facilitator, providing direct service programming for over 24 years. Working with youth, adult and elder organizations, Mr. Ansera uses "Hands on Learning" and movement techniques to promote healthy life skills building, cultural respect and unique life challenging experiences.</p>	<p><b>Mae Araujo, MA Ed.</b> is a curriculum developer with more than 20 years of experience developing techniques to support classroom materials that enhance reading comprehension, differentiated learning, hands-on applications and Dual-Language. She is an Early Childhood Coordinator and works as a consultant in the four corners region.</p>	<p><b>Dr. Amy Atkins</b> has helped hundreds of students become teachers who respect all cultures and inspire creativity. Her university courses have included Developmental and Educational Psychology, Cognition and the Gifted Child, Creative Writing and Thinking, Critical Analysis, and Qualitative Research Techniques. With many years in public education, she empowers teachers to change lives with practical, brain-compatible ideas that can easily be implemented the very next day.</p>	<p><b>Robert Becker</b> is a registered Architect in New Mexico and has spent his career working with local architectural firms, Albuquerque Public Schools and, most recently, as the State Architect for New Mexico. He serves as the Finance Director as well as general support to all training programs provided in schools for Sundance. Robert is a dedicated and energetic contributor to Sundance.</p>
<p><b>Christine Becker</b> is the President of Sundance Educational Consulting, Inc. (SEC) and has worked in schools serving Native American children for the past 40 years. Christine has been organizing conferences and on-site training for schools around the West and Southwest in order to bring much needed resources and expertise to local and tribal community schools..</p>	<p><b>Martha Carmody</b>, Ph.D. is a licensed clinical psychologist. Her 25+ year career in the Albuquerque community include private and family practice, public and independent schools, pediatric medical groups, and with the military. She utilizes insight-oriented modalities grounded in current research to help clients realize desired life change. She developed Happiness Custom Made workshops as a format to share her experience to a wider audience.</p>	<p><b>Michelle DeCanditis</b>, MS, OTR/L, HPCS is a licensed occupational therapist with a Masters of Science in Human Movement and a Clinical Specialty in hippotherapy. During her 20 year career she has worked in a variety of settings including rural and private practice. Currently she applies her knowledge base to riding, horsemanship, and horse training to facilitate overall health and wellness for both horse and rider.</p>	<p><b>Heather Ann Dirickson</b>, has an Educational Specialist degree in School Psychology and has over 22 years of experience as a school psychologist doing prevention and intervention for social, emotional and behavioral problems with diverse student populations. Heather is also a Certified Farrier Practitioner and has 12 years of experience as a professional farrier, including working with equine therapy groups.</p>
<p><b>Loretta Draper</b> was formerly on the staff of AdvancED Navajo Nation. She has been a part of the Department of Dine Education providing technical assistance to schools. She has been a teacher and principal for the Bureau of Indian Education in AZ and NM schools. She has extensive experience in bilingual education, and training parents and communities, and school boards. Currently, she is retired and is providing consulting and other services.</p>	<p><b>Rupal Engineer</b> has created programming for youth and adults using design process and thinking,, and applied lessons from her own successful architecture and design firm, <i>Design Plus</i>. Her education and research firm, <i>Indigo Moose</i> offers fun classes, events, and camps, with hands-on, project based learning for ages - 8 to 80 years. Design thinking with a STEAM focus is a fun way for families and teachers to engage students of all ages, abilities and learning styles.</p>	<p><b>James LaPrelle</b> is a retired B767 Captain with UPS and has been in the industry since 1968. Cpt. LaPrelle has taught numerous flight training courses from introduction to flight to advanced airline training programs. As a check-airman he has conducted flight simulator training and is noted as one of the pilots of the Goodyear Blimp "Mayflower".</p>	<p><b>Jan LaPrelle</b> is a parent involvement trainer with Sundance Educational Consulting and works extensively in Navajo Area schools with Common Core standards and parent involvement activities. Jan has special expertise in the area of technology as well as providing resources to parents and teachers for on-line and hands-on activities for children.</p>
<p><b>Christopher Mike-Bidtah</b> from Albuquerque, NM has been practicing the artwork for at least 15 years and moved to the reservation by the Four Corners and Shiprock, NM. After getting into band and poetry he gained interest in the arts and music and hip hop found him. He found a positive outlet to get away from negative energy that tries to ruin people's lives today. He takes Hip Hop seriously.</p>	<p><b>Cathryn McGill</b> is a member of a class of traveling poets musicians, and storytellers who maintain a tradition of oral history in parts of West Africa. In the African tradition of griot, Cathryn is a storyteller who shares stories in word and song while building, growing, energizing, and engaging communities by creating positive change. Cathryn has worked extensively with schools in NM and other areas to introduce young people to the joy of performing arts.</p>	<p><b>Heather O'Shea</b> (EMBA, PhD) is a freelance writer and author of the blog LiveLoveLeave.com. She spent seventeen years teaching English and Economics to 8-12th graders while serving as an administrator for five of those years. Prior to teaching, Heather spent ten years managing employees in the healthcare and staffing industries and worked as an independent consultant.</p>	<p><b>Patrick Pietroni</b>, is a Jungian Analyst, retired as a Professor Community Care and Primary Health at University of Westminster and as Dean of General Practice for the University of London. He has held senior positions in general practice, community care and has consulted to psychotherapeutic organizations. He is Director of The Centre for Psychological Therapies in Primary Care, the Public Health Lead, Mental Health and Wellbeing for Shropshire, and Editor of The Journal of Psychological Therapies in Primary Care.</p>
<p><b>Alyssa Siegel MS, LPC</b> is a counselor and writer. Alyssa has written numerous articles on various psychotherapy topics and is a contributing author for the book "Your Brain on Sex; How Smarter Sex Can Change Your Life". She has a private practice in Portland, Oregon where she specializes in sex, intimacy, love and relationships.</p>	<p><b>Jayden Sweazey</b> is a 15-year-old high school sophomore from Portland, Oregon. Having had Attention Deficit and Hyperactivity Disorder (ADHD) all his life, Jayden is well aware of all its ups and downs and loves to share his experiences and insights with audiences.</p>	<p><b>Kelly K. Zunie</b> was the Deputy Cabinet Secretary - and the first female Cabinet Secretary - of the NM Indian Affairs Department. She has a Bachelor's Degree in Statesmanship from George Wythe University. She is Zuni and Cherokee, and an enrolled member of the Zuni Pueblo. She has worked at Rocky Mountain Power in Utah, the Pueblo of Zuni and the NM Bureau of Health Emergency Management. She currently serves on several boards and commissions in NM.</p>	<p><b>Lana Garcia</b> with the Walatowa Head Start Dancers Since Jan. 2013, children in the Walatowa Head Start Language Immersion program have received a unique education in an environment immersed in the Jemez Language. Language and culture is reflected in cooking and serving traditional foods, traditional dances, and turning Jemez Village – including ancestral lands – into classrooms. The program is supported by Pueblo of Jemez Tribal Leadership and Tribal Council.</p>